

*Abashakashatsi n'abakora mu by'ubuvuzi barenga 400 baturutse mu bihugu birenga 30 bagize uruhare kuri iyi mfashanyigisho

Gushyiraho amahame mashya

Gukora mu by'ubuvuzi biragoye - tugomba kwitega ko hazabaho ibibazo mu mahame ngengamyitwarire.

ESE AMAHAME NGENGAMYITWARIRE NI KIMWE MU BIGIZE IMIKORERE YO KU KAZI KANJIYE?

Ibibazo by'amahame ngengamyitwarire ntibigarukira ku gihe runaka gusa kandi bishobora kuba bidashingiye ku mabwiriza agenga imytwarire. Politiki n'imikorere bigomba kubyubahiriza.

Ibantu bihinduka uko ubuvuzi bugenda butangwa, bisaba guhora witeguye no kwita ku bibazo by'amahame ngengamyitwarire bigenda bivuka. Guteganya ingorane mbere y'igihe bidufasha kumenya ko ibantu bishobora guhinduka mu buryo tutari twiteze. Buri kibazo cyose duhura na cyo gishobora kuba kirimo ibantu byinshi kandi gisaba ubufatanye kugira ngo tubone igisubizo cyiza

Abaganga bashishikarizwa kugira icyo bavuga ige bahuye n'ibibazo bijyanje n'amahame ngengamyitwarire no gusaba ubufasha bagenzi babo bari mu gisata cy'ubuvuzi ku rwego rw'isi. Tugomba kwitega amakuru y'impinduka n'imbogamizi muri gahunda yo kuvugana n'abaganga kandi tugashygikira gushakisha ibisubizo.

Uburyo bwo kumenya neza amahame ngengamyitwarire bugomba kuba burimo ubw'amategeko n'amabwiriza bigenga imytwarire n'uburyo bwo gafasha abantu kubahiriza amahame ngengamyitwarire. Kubahiriza inshingano mu bihe by'ubuvuzi bigoye bigomba kuba birimo:

- Igenzura ry'ubuvuzi rihoraho n'igenzura rikozwe n'abo muhuje umwuga
- Uburyo bwo gutanga raporo no gusangizanya imbogamizi wahuye na zo n'ibisubizo byagezweho (ku buryo bwo kurushaho kuzuza inshingano no kuzamura umuco wo kwiga)



VUGISHA ABANDITSI

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Kuzana ibisubizo ku bibazo by'amahame ngengamyitwarire bigaragara mu bihe bigoye byo kwa muganga

Ibisubizo ku mahame ngengamyitwarire:

- ·bigamije guteza imbere umutekano n'imibereho myiza by'abakiriya bacu
- ·bigamije kurinda umutekano n'imibereho myiza y'abaganga
- ·bigamije gushishikariza ubutabera n'imibereho myiza y'abaturage
- ·biboneka ahantu hensi
- ·byubakiye ku ndangagaciro z'ubumuntu n'iz'umuryango
- ·byagenewe kwita ku nzira yose y'ubuvuzi, harimo n'ingaruka z'ubuvuzi z'igihe kirekire.
- ·bigamije guhuza n'amahame y'ibanze n'amabwiriza y'ingenzi
- ·bikunda binyuze mu bufatanye, gutekereza ku myanzuro yafashwe no gufungukira guhangha udushya
- ·byita ku ngaruka ziterwa n'ubushobozi butandukanye mu miyoborere, imikorere na raporo zo kwa muganga
- ·bishygikiwe na gahunda z'ibigo n'ubufasha bukomeza
- ·bishobora gusaba ko twe (n'abakiliya bacu n'abafatanyabikorwa ba serivi zazu) twitegura "gukora urugendo rurerure".

Gufata icyemezo cy'imytwarire ku buvuzi bugoye si:

- ugushyiraho gusa no gukurikiza inzira isanzwe cyangwa inzira ihamye
- igikorwa cyo "kugira rimwe"
- ntibiterwa ahanini n'ibyemezo by'imari cyangwa gahunda za politiki
- ntabwo bikorwa mu buryo bwitandukanyije n'abakiliya bacu, cyangwa n'abaturage. – nta ngamba z'ubuvuzi zigomba gufatwa.



We are grateful for
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A guide for healthcare professionals working in complex settings

Urugendo rw'ubuvuzi hakurikijwe amahame mbwirizamuco

Ubuvuzi butangwa mu bihe bigoye bugaragaza inzitizi zihariye. Uburyo bwiza bwo gukora ibantu mu mimerere imwe n'imwe, bushobora kuba budakwiriye mu yindi mimerere. Ibi bishobora gutuma habaho ibibazo ku mahame ngendamyitwarire mu rugendo rw'ubuvuzi.

Mu mico itandukanye, ubufatanye n'icyizere muri serivi z'ubuvuzi ku buzima n'ubuzima bwo mu mutwe bigirwaho ingaruka no: gusobanukirwa no kubaha icyo umuco uvuga, gukora ibikorwa bijyanje n'umuco no kuboneka kw'abakozi bafite imytwarire mu mico itandukanye.

Intego y'iyi mfashanyigisho n'agatabo gato ni:

- Gutanga umusanu mu rugendo rw'isi yose rw'imikorere y'umuco mu bafatanyabikorwa b'isi mu by'ubuzima; no kunoza uburyo bwo kubona ibikoresho byo gushygikira ibikorwa mu nzego z'ubuzima z'ibihugu, imiryango itegamiye kuri leta no mu bikorwa by'abikorera

Ni iki kizatuma habaho imihatihoraho yo gukurikiza amahame ngengamyitwarire mu bikorwa by'ubuvuzi?

Imytwarire yo mu bikorwa by'ubuvuzi yerekeye gufata ibyemezo bya buri munsi n'ibikorwa mu bice byose bya serivi z'ubuvuzi, cyane cyane mu gihe cyo kuvugana n'umurwayi.

Mu kudufasha kumenya no guhangana n'ibibazo bijyanje n'amahame ngengamyitwarire, twagaragaje ibantu bigira ingaruka ku byiciro byose bigize urugendo rw'imikorere y'abaganga:

- a) **Ahantu:** ibijyanje n'imiterere y'ahantu, politiki, umuco n'amateka byaho
- b) **Abantu:** abakiriya, abaganga, bagenzi babo, abafatanyabikorwa b'abaturage
- c) **Amahamwe:** imytwarire n'amategeko agomba kugenga imikorere
- d) **Ibyabanje:** imikorere yo hambere – ibyagezweho n'ibitaragenze neza Kwitegerezza kuri buri kimwe muri ibyo bintu 4 bishobora kugaragaza ibibazo by'umuco kandi bikadufasha kubona ibisubizo by'ibishoboka..

Ibikorwa by'ubuvuzi bigira ingaruka ku buzima bw'abantu. Imikorere rusange y'amahame ngengamyitwarire irangwa n'impuhwe, guhuza n'imimerere iriho no kuzuza inshingano ku rugero rumwe.

Buri gihe ntabwo ibibazo by'amahame ngengamyitwarire bigaragara, kandi gushakisha ibisubizo bishobora kuba ingorabahizi. Ubufatanye bushobora gushimangirwa iyo ibyo bikorwa bikorerwa hamwe.

Akensi usanga hari uburyo bwinski bwo gukemura ikibazo kimwe mu birebana n'amahame ngengamyitwarire. Rimwe na rimwe, ikibazo kiba guhitamo "uburyo bwiza cyane, n'ubwo budatunganye, muri iki gihe".

Imbogamizi n'ibisubizo biboneka mu buryo bw'imikorani ihinduka – icyageneze neza ubu gishobora kutazakora neza ubutaba – ibisubizo byacu bigomba guhuza n'ihinduka ry'imimerere.

Kuba umuntu yiteguye kwakira ibitekerezo bishya bishobora gutuma habaho guhangha udushya mu bihe tutari twiteze. Incuro nyinshi, ibisubizo bishobora kuba ari ibisubizo by'amahame ngengamyitwarire

IMBERE: Amakuru atangwa mu buryo bw'amafoto
IGIFUNIKO CY'IGITABO: Gushyira amahame mashya mu bikorwa byacu no mu bigo byacu

Urugendo rw'ubuvuzi hakurikijwe amahame ngengamyitwarire

Gushyira imbaraga mu buryo dukora ibikorwa by'ubuvuzi bigoye kandi biteye inkeke mu rwego rwo kuzamura imyitwarire ihuje n'amahame ngengamyitwarire no kugera ku musaruro mwiza

Imyitwarire myiza ni ingenzi kuri buri cyiciro cy'urugendo rw'ubuvuzi.

Urugendo rw'ibikorwa by'ubuvuzi ni rurerure kandi akensi ruragoye mu bice birimo ibantu biruhije. Ibibazo by'umuco bishobora kuvuka mu cyiciro icyo ari cyo cyose, uhereye ku gutanga raporo kugeza ku murage ukomeza kubaho nyuma y'igihe kirekire kubonana n'umurwayi birangiye.

NI IKI NAKORA KUGIRA NGO NGIRE URUHARE KU MAHAME NGENGAMYITWARIRE? MFITE IYIHE NTEGO?

Iyi mfashanyigisho yagenewe gushygikira gutekereza ku bibazo birebana n'imyitwarire wagira dushobora guhura na byo muri buri cyiciro. Zirikana ko urugendo rw'ibikorwa y'ubuvuzi rudashingiye ku bantu biri ku murongo kandi ko rudashobora gutahurwa kare. Uburyo ibyciro bikurikirana bushobora kuba butandukanye. Akensi biba ngombwa kongera gusuzuma ibyciro by'ubuvuzi byabanje.

Ibantu 4

Ibikorwa byahujwe

Aho ibibazo by'amahame mbwirizamuco n'ingorane bivuka. Aho umuti w'icyo kibazo ushobora kuboneka.

Ibi bikorwa bikorana mu byiciro byose by'imikore re y'ubuvuzi. Kugira ngo dusobanukirwe ibibazo duhura na byo no kugira ngo tubone umuti w'ibibazo dufite, tugomba gutekereza kuri ibyo bikorwa mu buryo butandukanye.

AHANTU

Ni iki kizafasha muri iyo mimerere?

ABANTU
Ni nde uzadufasha gukora ibyo dushoboye byose kandi akaduha ubufasha dukeneye?

AMAHAME
Ni iyihemitekerereze n'amahame bizatuyobora neza?

IBYABANJE
Ni iki tugomba gukurikiza cyangwa se kwibaza mu buryo bwashyizweho bwo gukora?

Gukurikirana & Kumenyera imimerere ihari

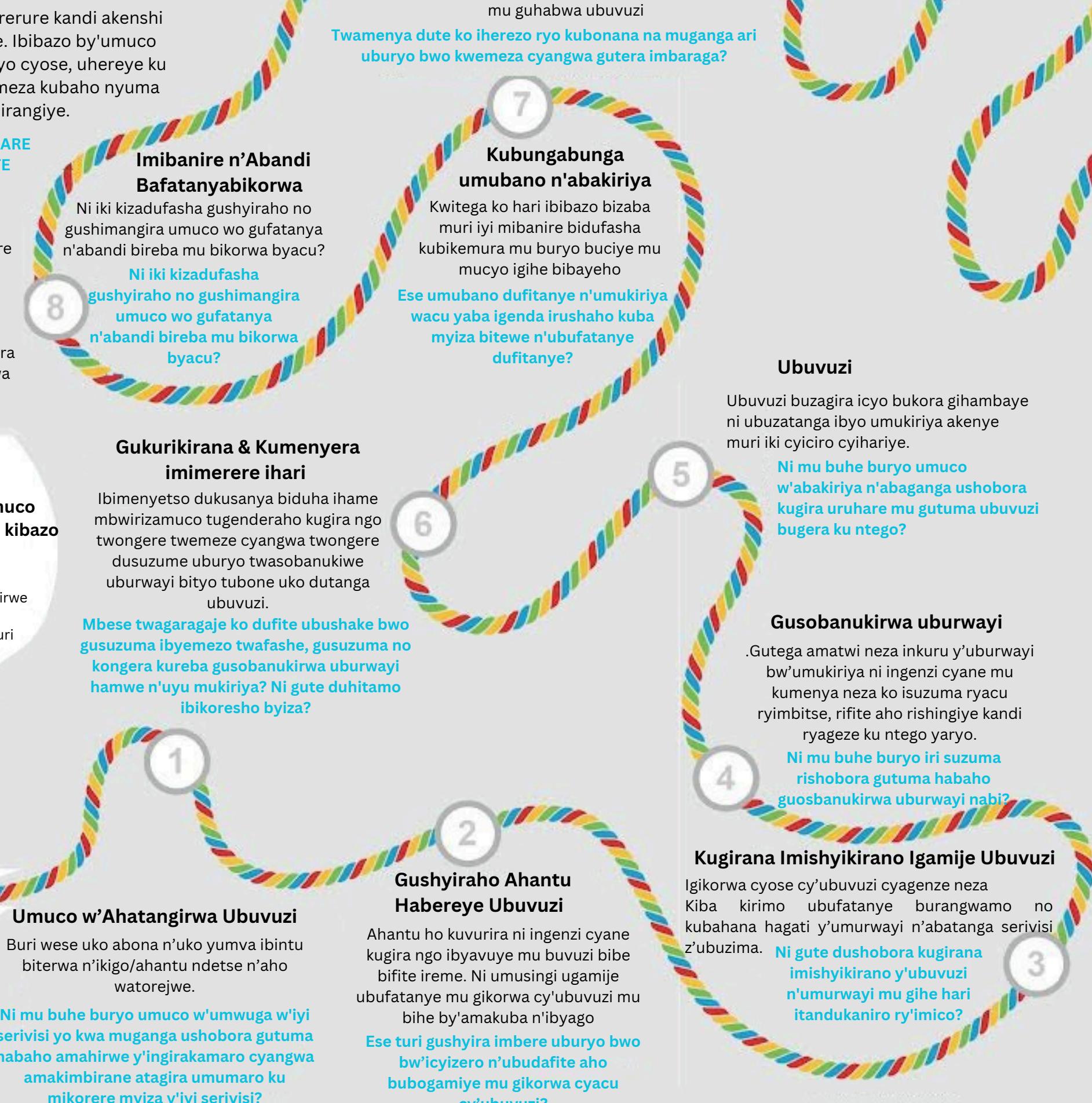
Ibimenyetso dukusanya biduha ihame mbwirizamuco tugenderaho kugira ngo twongere twemeze cyangwa twongere dusuzume uburyo twasobanukiwe uburwayi bityo tubone uko dutanga ubuvuzi.

Mbese twagaragaje ko dufite ubushake bwo gusuzuma ibyemezo twafashe, gusuzuma no kongera kureba gusobanukirwa uburwayi hamwe n'uyu mukirira? Ni gute duhitamo ibikoresho byiza?

Umuco w'Ahatangirwa Ubu

Buri wese uko abona n'uko yumva ibantu biterwa n'ikigo/abantu ndetse n'aho watorejwe.

Ni mu buhe buryo umuco w'umwuga w'iyo serivisi yo kwa muganga ushobora gutuma habaho amahirwe y'ingirakamaro cyangwa amakimbirane atagira umumaro ku mikorere myiza y'iyi serivisi?



Ingaruka z'Ubuvuzi z'Igihe Kirekire

Tugomba guhura dutekereza ku ngaruka z'igihe kirekire ziterwa n'ubuvuzi ubwo ari bwo bwose, haba ku murwayi n'umuganga.

Ni izihe ntambwe z'ingenzi mu kwemeza ko ibikorwa by'ubuvuzi bishobora guhindurwa mu buzima bw'abakiliya bacu?



Ubuvuzi

Ubuvuzi buzagira icyo bukora ghambaye ni ubuzatanga ibyo umukirira akenye muri iki cyiciro cyihariye.

Ni mu buhe buryo umuco w'abakiriya n'abaganga ushobora kugira uruhare mu gutuma ubuvuzi bugera ku ntego?

Amahame Yakuyobora n'Indangagaciro

Imbumbe y'amahame shingiro –
by'umwihariko mu bihe bigoranye by'uburwayi .



WITEZA IBAGO

Igikorwa cyose cy'ubuvuzi cyagenze neza Hashobora kubaho ibyago bikomotse ku gukora igikorwa runaka mu buvuzi cyangwa kutagira igikorwa. Menya uburemere n'ingaruka z'amahitamo y'ubuvuzi wafashe. Kora ku buryo wirinda ko habaho ibyago.

GUFASHA MU KUZAMURA IMIBEREHO MYIZA

Kuzana impinduka zikenewe kandi zihutirwa kugira ngo dufashe abakiriya bacu kuba beza kurushaho no kugira uruhare rwiza mu isi ibakikije. Kuba umuvugizi ku by'ubuzima bwo mu mutwe n'imibereho myiza kugira ngo abaturage bagwize imbaraga..

HUZA : MBERE NA MBERE ABANTU N'ISI

Ita cyane ku mibanire - menya ko ari ishingiro ry'ibikorwa by'ubuvuzi - tega amatwi witonze, ube umwizerwa, ukorere mu mucyo kandi wubahirize nshingane, kandi witware neza.

ITONDE GIRA UBUTWARI TEKANA

Basha kumenya no gusubiza witonze ibibazo by'amahame mbwirizamuco, kuba maso ku mutekano w'abakiriya, abaganga n'abaturage.

SHYIRA IMBARAGA MU KWIYUNGURA UBUMENYI
Ite kandi ushishikarire byimazeyo kongera ubumenyi mu mibanire n'abandi no kwitoza gusuzuma imyanzuro wafashe.

KWIYEGEREZA NO KUGIRA IMPUHWEE
Buri gihe kora mu buryo wisanisha n'abandi kandi ugire impuhwe.

KWIYEMEZA
Isuzume, wubahirize inshingano kandi ntucogore igihe uhuye n'initziti ku mahame ngengamyitwarire.